

Keynote Speakers

Sabrina M Strickland

Associate Professor of Orthopaedic Surgery, Women's Sports Medicine Centre, Hospital for Special Surgery and Weill Cornell Medical College, NY and an international expert on patello-femoral disorders.



Jonas R Rudzki

Clinical Associate Professor of Orthopaedic Surgery at The George Washington University School of Medicine.



Andreas Gomoll

Associate Professor of Orthopaedic Surgery at Harvard Medical School with a clinical and research focus on biologic knee reconstruction, including osteotomy, cartilage and meniscus transplantation.



Jonothan Ronquillo

Orthopaedic Surgeon Sports Medicine Institution Manila Philippines.



Neal L Millar

Senior Research Fellow and Orthopaedic Surgeon at the University of Glasgow. International expert on the molecular pathophysiology of tendinopathy.



Angela Evans

Podiatrist - Scientist Adelaide, South Australia Goodwill Ambassador and **BMJ Award winner** Walk for Life.



Roger Hackey

Orthopaedic Surgeon Leeds, UK Olympic Athlete and designer of novel surgical solutions.



Sarah Warby

Physiotherapist - Scientist Prahan Melbourne **2016 Sports Medicine Australia Asics Gold Medalist**



Sponsors



Novotel Sydney Brighton Beach
Cnr. The Grand Parade & Princess Street
Brighton le Sands, Sydney NSW 2216
is offering discounted rates for delegates.
To make a reservation please call our reservations team on 02 9556 5111 & quote the code 'STG110517' to access the discounted rates. Rooms are subject to availability.

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*A 3 Day Seminar Relevant to:
All Those Involved in
Sports Medicine*

Sydney 11, 12 & 13 May 2017

Convenor: Professor George Murrell

Venue: Novotel Sydney Brighton Beach, Brighton-Le-Sands NSW



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**Come to
AUSTRALIA**
11, 12 & 13 May
2017



Health
South Eastern Sydney
Local Health District

Day 1

Thursday 11 May

Tendinopathy

2:00pm	Basic science of tendinopathy - the latest and greatest	Neal Millar
2:40pm	Handheld dynamometer ability to predict rotator cuff tear size	Anthony Klironomos
2:55pm	Prolotherapy for supraspinatus tendinopathy – a randomized clinical trial	Brandi Cole
3:10pm	The fate of the hypoechoic cleft	Hannah Liu
3:20am	Shoulder pathology in elite swimmers shoulders – An MRI study	Kylie Holt

3:30pm Afternoon Tea

4:00pm	Ultrasound guided removal of calcific tendonitis	Melvin Ling
4:10pm	Ultrasound for tendinopathy	Lisa Hackett

4:30pm Workshops

5:30pm Welcome Reception

Workshops

Assessment of the foot and ankle - A podiatrist's perspective
Examination of the elbow
Examination of the hip
Management of patellar pain strategies
Examination of the knee
Clinical examination of the patellar
Assessing the patellar instability
Management of multidirectional instability of the shoulder
Assessing snapping scapular
Examination of the shoulder
Chiropractic adjustments
Tendinopathy management - strategies
Shoulder ultrasound

Day 2

Friday 12 May

Shoulder Pain

8:00am	Cellular mechanisms in adhesive capsulitis	Jonathan Cher
8:15am	Factors affecting frozen shoulder capsular release outcomes	Ahmed Harisha
8:25am	Chiropractic adjustments for referred shoulder pain	George Hardas
8:40am	Preoperative factors that contribute to postoperative pain	Mitch Bishop
8:50am	Effect size in surgical intervention of the shoulder: Which procedures are game changers and which are not?	Ragu Paraparan

9:00am Discussion

9.30am Morning Tea

Patellar Pain

10.00am	Patellar pain	Sabrina Strickland
10.30am	Evidence based management of patellofemoral pain	Nicole Clements
11.00am	Biologic knee reconstruction	Andreas Gomoll
11.30am	Patellar instability	Sabrina Strickland

12.00pm Discussion

12.30pm Lunch

1:30pm	Novel management strategies for early osteoarthritis	Andreas Gomoll
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2.00pm Workshops

3.00pm Afternoon Tea

Shoulder Instability

3.30pm	Overview	George Murrell
3.45pm	Randomized double blinded clinical trial for non operative management of multidirectional instability	Sarah Warby
4:15pm	A novel surgical procedure for reconstructing a large glenoid defect	Matthew Smith
4:25pm	Snapping scapula - diagnosis and management	Jose Umali

Day 3

Saturday 13 May

Rotator Cuff

9:00am	The effect of rotator cuff repair integrity on early overhead shoulder function	Hayden Robinson
9:10am	Undersurface rotator cuff repair in 1000 rotator cuff repairs	Ashleigh Elkins
9:20am	Polytetrafluoroethylene (PTFE) patches for irreparable rotator cuff tears	The St George experience Vasanth Seker
9:30am	Synthetic patches for irreparable rotator cuff repairs	The Leeds experience Roger Hackney
9:40am	Techniques for synthetic patch repair of massive irreparable rotator cuff tears	Joo Young Sunwoo
9:50am	Lateralized versus nonlateralized reverse shoulder arthroplasty	Eileen Chua

10:00am Morning Tea

Ankle

10:30am	Ankle injuries in athletes - the latest and greatest	Angela Evans
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11:00am Workshops

12:00pm Lunch

Elbow

1:00pm	Ligamentous injuries to the elbow	Geoff Smith
1:30pm	Clavicle fractures	Jonas R Rudzki

2:00pm Workshops

3:00pm Afternoon Tea

Hip

3:30pm	Differential diagnosis of groin pain	Roger Hackney
3:50pm	Hip injuries in athletes	Robert Molnar
4:20pm	Surgical Management of hamstring tears	Roger Hackney

4:40pm Workshops - Concurrent

Book

Registration

Return completed form by **28 April 2017** to:

Marina Zimmermann

Meetings and Education Co-ordinator

The Orthopaedic Research Institute (ORI)

Level 2, 4-10 South Street Kogarah NSW 2217

Telephone: (02) 9113 2830 **Fax:** (02) 9113 3967

Email: marina.zimmermann@health.nsw.gov.au

Please print clearly

Name:

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Registrations: \$800 before 28 April 2017

Registrations after 28 April \$900

Cost: \$800 for 3 DAYS OR \$450 per day please indicate which day: Thursday Friday Saturday

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Yes I will be attending the Welcome Reception



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TERMS AND CONDITIONS

Cancellations must give 14 days notice, a credit can be given for the 2018 conference or you are welcome to nominate a new Delegate.